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INTAKE INFORMATION PACKET

Today's Date: _____
Client's Name: _____
Parent or Guardian's Name (if client is a minor): _____
Address: _____ City: _____ State: _____ Zip: _____
Primary Phone: _____ Is it ok to leave a message? Yes No
Client Age: _____ Date of Birth: _____ Male Female
Employer: _____
Occupation: _____

Why are you seeking Counseling:

Approximately, how long have you had the current concern? _____
In what way have you attempted to cope with this concern? _____

How were you referred? _____

WHO IS FINANCIALLY RESPONSIBLE FOR THIS ACCOUNT?

Insured: _____
Relationship to client: _____
Address: _____ City: _____ State: _____ Zip: _____
Insured Date of Birth: _____
Insurance Carrier: _____ Member ID #: _____

Your payment is to be paid in full at the time of each session. Currently, I only accept cash or check, NO credit or debit cards please.

Please check the boxes next to the most significant issue(s)

Issues Related To Abuse

- Current or past physical abuse
- Current or past sexual abuse
- Current or past history of emotional abuse
- Current or past neglect
- History of abandonment
- Suspected child abuse
- History of domestic violence

Mood Related Concerns

- Disturbing memories
- Difficulty sleeping
- Nightmares
- Suicidal thinking
- Irritability

Academic/School Issues

- Learning difficulties
- Problems with peers
- Problems with teachers
- Failing grades
- Refusing to go to school
- Bullying concerns
- Friend or peer concerns

Family Concerns

- Difficulty adjusting to family changes
- Discipline concerns
- Parent-child relationship concerns
- Sibling concerns
- Divorce/separation

- Sadness/Depression
- Feelings of guilt/shame
- Excessive worrying or fear
- Low self-esteem, shyness, problems making friends
- Feeling down, blue, or irritable
- Fatigue, low energy

- Other marital problems
- Constant fighting

Behavior Issues

- Aggression towards others
- Drug/alcohol use
- Truancy
- Gang involvement
- Running away
- Stealing
- Fire-setting

Other Concerns

- Sexual identity concerns
- Inappropriate sexual behavior
- Overeating/refusal to eat
- Hyperactivity/impulsivity
- Lying
- Self-injurious behaviors
- Stress management concerns
- Financial problems
- Work related stress
- Legal Problems

When did you first become concerned about the main/most significant concerns? _____

Why, at this point, have you decided to pursue counseling? _____

GENERAL OVERVIEW

Have you been involved with counseling previously? Yes No Approximate Dates: _____

Current living arrangements: Family of origin Single Spouse/Partner Roommate Other

Marital history/status: Never married currently married Divorced Widow

Are you currently on probation/parole? Yes No

If yes, please explain: _____

PHYSICAL AND MENTAL HEALTH HISTORY

Primary care physician (name and contact information): _____

Physical disability: Yes No (if yes please explain) _____

Chronic illness Yes No (if yes please explain) _____

Terminal illness Yes No (if yes please explain) _____

Are you currently seeing a psychiatrist? Yes No

What medications are you currently taking (if any)? _____

Any history of behavioral/conduct problems? Yes No
If yes, Please explain

Any history of emotional/mental health related issues? Yes No
If yes, Please explain

Any history of Inpatient psychiatric care? Yes No
If yes, Please explain

Any history of suicide attempts? Yes No
If yes, Please explain

Any history of addictions (substance, gambling, computer, sex)? Yes No
If yes, Please explain

Any history of family violence? Yes No
If yes, Please explain
